

Kath Bartlett, MS, LAc

Asheville Center for Chinese Medicine

70 Woodfin Place Suite West Wing Two

Asheville, North Carolina 28801 828 258-2777

kbartlett@AcupunctureAsheville.com

www.AcupunctureAsheville.com



*Acupuncture
Chinese Herbology
Nutritional & Lifestyle Counseling*

Curriculum Vitae

Acupuncturist & Chinese Herbalist, Private Practice - Asheville Center for Chinese Medicine - Asheville, NC

Education & Seminars

The Balance Method – Dr. Richard Teh-Fu Tan – Asheville, Raleigh & Wilmington NC, Atlanta, GA
Basic Balance: Musculo-Skeletal Pain, Global Balance for Internal Disorders, Seasonal Balance,
Balancing the Five Elements, Balancing the Eight Extra Meridians, Advanced Day in Dr. Tan's Clinic,
Scalp Acupuncture, Qi Cultivation & Master Tong's Points
Treating Female Infertility with Oriental Medicine – Victoria Koos – Asheville, NC
Enhancing Fertility with Acupuncture & Chinese Patent Medicine – Anastacia White – Lyndhurst, NJ
Specialize in Dermatology – Mazin Al-Khafaji – New York NY
Tumor/Cancer & Parkinson's Diseases – Dr. Zhi Liang Huo, American Academy of TCM – Winter Park FL
Treatment of Eye Diseases with Chinese Medicine – Dr. Marc Grossman and Michael Edson - Charlotte NC
NCCAOM Ethics Review Workshop – Robert Kienitz – Wilmington & Asheville, NC
Lab Evaluation I & II – Dr. Connie Ross, Daoist Traditions College of Chinese Medical Arts – Asheville, NC
Functional Blood Chemistry Analysis, Functional Endocrinology – Dr. Datis Kharratian, Apex Energetics –Charlotte, NC
Functional Medicine & TCM for Treating Adrenal Exhaustion & Thyroid Disorders – Dr. Jake Fratkin – Asheville, NC
Herbal Alternatives to Drugs – Dr. John Chen, Lotus Herbs – Wilmington, NC
Simple Herbs & Powerful Treatments: Kitchen Herbology 101 – Lillian Papin, Kwan Yin Medicine – Asheville, NC
Advanced Practitioner Training Program in Chinese Herbal Medicine – Institute of Chinese Herbology – Oakland CA
Classic Tonic Herbs & Formulas for Qi & Blood Deficiency, Yin/Yang & Kidney Tonification
Liver Disharmonies, Spleen, Stomach and Digestive Problems, Herbs for Women
Herbal Formulas – Dagmar Ehling, NC Association of Acupuncture & Oriental Medicine – Charlotte, NC
Complex Formulas for Complex Patients – Amy Sears, Blue Iris Natural Medicine [Blue Poppy] – Asheville, NC
The Shan Han Lun in the Modern Clinic – Craig Mitchell, Golden Flower Chinese Herbs – Raleigh, NC
Dr. Jeffrey Yuen, Daoist Traditions College of Chinese Medical Arts – Asheville NC
Ling Shu, Nan Jing, Latent Heat, Sinew Meridians & Dao Yin Exercises
Advanced Studies & Translation of Chinese Classic Medical Texts - Dr. Min Fan, Bei Jing University - San Diego CA
Single Herbs, Shan Han Lun, Jin Gui Yao Lue, Wen Bing & Huang De Nei Jing: Chinese Translation
Master's of Science, Traditional Oriental Medicine - Pacific College of Oriental Medicine - San Diego CA
Bachelor's of Arts Degree - University of California, Los Angeles

LECTURES & APPEARANCES

MAHEC Residency Program, Asheville, North Carolina– Guest Lecturer, "When to Consider Acupuncture for Patients?"
Wofford College, Spartanburg, South Carolina – Guest Lecturer, "Introduction to Traditional Chinese Medicine"
A&B Technical College–Guest Lecturer, Comparative Religions, "Chinese Medicine's Origins in Confucianism & Taoism"
University of North Carolina, Asheville – Faculty, College for Seniors, "What Chinese Medicine Can Do For You"
KUSI 9 News, San Diego CA – Featured Guest, Health Watch, "Cupping and Chinese Herbology"

PUBLICATIONS

Rapid River Magazine, Asheville, North Carolina – Columnist, "Ask the Acupuncturist"
Pacific College of Oriental Medicine Newsletter, San Diego, Chicago, New York – Contributing Writer
New Life Journal, Asheville, North Carolina – Contributing Writer, "Acupuncture: The Stress-Buster"
Whole Health News, Asheville & Charlotte, North Carolina – Contributing Writer
PulseMed.Com – Contributing Writer

Licensure & Certifications

License to Practice Acupuncture #203, State of North Carolina Acupuncture Licensing Board – Raleigh NC
Diplomate of Oriental Medicine- National Certification Commission for Acupuncture & Oriental Medicine - Alexandria VA
Clean Needle Technique Certification - Councils of Colleges of Acupuncture and Oriental Medicine - Silver Spring MD

Associations

American Association of Acupuncture and Oriental Medicine (AAAOM) – Member
Western North Carolina Acupuncture Society – Founder
UCLA Alumni Association – Life Member

Zeta Tau Alpha Alumnae